

Aviemore's Premier  
Independent Hotel



# Cairngorm Hotel

A V I E M O R E



# Cairngorm Gluten-Free Menu

Served in the Cairn Lounge, Coffee Shop, Patio and  
The Cairngorm Restaurant

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Telephone: (01479) 810 233

The natural choice to meet and eat in Aviemore.  
Be sure to pop in for a warm welcome, good food  
and a friendly blether!



## Served All Day

(Lunch to 9.30pm)

### All Day Salads and Starters

First Price for Starter, Second Price for Main Course

- Salad Chick** ..... £5.80/£8.25  
Delicious Chicken with Melon, Orange Segments, Strawberries,  
and Grapes with a tangy Lime flavoured Yoghurt
- Hot Smokey Combo** ..... £5.95/£8.95  
Smoked Chicken, Smoked Ham and Smoked Sausage pieces  
served with a Honey and Mustard Sauce
- Roll Mop Herring** ..... £5.80/£8.25  
Marinated Herring set on a bed of Salad and served with Sour Cream
- Aphrodite's Delight** ..... £5.65/£7.95  
Chunks of Feta Cheese with Black Olives and a Basil Pesto Dressing
- Poached Salmon** ..... £5.95/£8.95  
Served on a bed of Salad Leaves
- Chicken Liver Pate** ..... £5.15  
Our tasty homemade Pate is served with Red Onion Marmalade
- Flatcaps** ..... £5.15  
Grilled Mushrooms drizzled with Olive Oil, Tomato Concasse and  
glazed with Cheese

### From the Grill ~ All Day

- Sirloin Steak** ..... £16.95  
Char-grilled prime 8oz Aberdeen Angus Steak cooked to your  
preference with Mushrooms, Grilled Tomato and Chips
- Rib Eye Steak** ..... £16.95  
Tender as Fillet, flavoursome as Rib, this 10 oz Steak is char-grilled to  
your preference with Mushrooms, Grilled Tomato and Chips
- Pork Steaks** ..... £11.35  
Two 5oz boneless Pork Steaks served with Mushrooms, Grilled  
Tomato and Chips
- Gammon Steak** ..... £11.35  
8oz Steak topped with a Fried Egg and served with Mushrooms,  
Grilled Tomato and Chips

### All Day Desserts

- Strawberry Sundae** ..... £5.15  
Strawberry Ice Cream with Crushed Meringue and Whipped  
Cream
- Cairn's Cheese Platter** ..... £6.25  
Orkney Cheddar, Brie and Stilton served with Grapes and strips  
of Celery
- Trio of "Local" Italian Ice Cream** ..... £4.75  
Served with cream
- Osprey Folly** ..... £5.15  
Meringue nest filled with Fruits of the Forest, Vanilla Ice Cream  
and topped with Whipped Cream

## Additional Afternoon Menu

(Lunch to 5pm)

- Three Egg Omelette** ..... £7.25  
Served with Potatoes and Peas. Choose from Cheese, Ham,  
Tomato or Mushroom      **Extra Filling** ... £1.25
- Jacket Potatoes** ..... £5.35  
The perennial favourite with your choice of tasty fillings:  
Cheese • Coleslaw • Baked Beans • Tuna Mayonnaise  
Chicken and Sweetcorn Mayonnaise • Coronation Chicken  
   **Extra Filling** . . . £1.50
- Vegetarian Mushroom Stroganoff** ..... £9.25  
Served with Vegetable of the Day

## Additional Evening Menu

(5 - 9.30pm)

### Evening Starters

- Smoked Salmon with Prawns** ..... £6.95  
Scottish Smoked Salmon parcels filled with juicy Prawns. Served  
with a Crisp Salad, Marie Rose Sauce and accompanied by  
Buttered Grampian Bread
- Melon and Fruits of the Forest** ..... £5.15  
A whole Galia Melon, halved and served with a drizzle of  
Lime Yoghurt
- Bantry Bay Mussels** ..... £7.25  
Cooked either in White Wine with Cream or in a rich Tomato,  
Garlic and Onion Sauce

### Evening Main Courses

- Freshly Grilled Salmon** ..... £11.85  
Served with Broccoli, Crofters Potatoes, and a Lemon Wedge
- Grilled Fillet of Trout** ..... £11.65  
A grilled Trout Fillet in Toasted Almonds, finished with a hot Lemon  
Butter.      **Delicious Prawn and Caper Butter** .. £2.00 extra
- Grilled Fillet of Sea Bass** ..... £15.25  
Served on a bed of Vegetable Ribbons with Broccoli and Potatoes
- Monkfish Ailsa Craig** ..... £15.25  
Monkfish pieces cooked in White Wine with Tomato, Cream and  
Garlic. Served with Rice
- Fillet of Lamb Loin** ..... £15.25  
With a Redcurrant Jus, served with Potatoes and Broccoli
- Drakes Drum** ..... £15.25  
Breast of Duck smothered in a Pickled Walnut Sauce, served  
with Broccoli and Potatoes
- Collops of Venison** ..... £15.25  
Accompanied by a tasty Bramble and Red Wine Sauce, served  
with Broccoli and Potatoes