

Cairngorm Hotel

Lunch & Afternoon Menu

Available in the Coffee Shop,
Lounge Bar and Patio



Served from Lunch to 5.00pm

~ Page 1 ~
Afternoon Starters

~ Page 2 ~
Cairngorm Salads

~ Page 3 ~
Cairngorm Sandwiches
Vegetarian Dishes

~ Page 4 ~
Traditional
Cairngorm Regulars

~ Page 5 ~
From the Grill
Side Orders

~ Page 6 ~
Gateaux, Puddings
& Sweets

~ Page 7 ~
Teas, Coffees
& Hot Drinks

Dishes marked with



are Chef's own
Highland and Scottish
recipes based on
excellent locally
sourced produce,
prepared in the
traditional manner.

Cairngorm Hotel
Grampian Road
Aviemore
PH22 1PE
Scotland

www.cairngorm.com

~ Afternoon Starters ~

Hearty Highland Soups £3.45

Your choice of one of our delicious home-made Soups, served with Grampian Bread

Chicken Liver Pate £5.15

Served with warm Toast and Red Onion Marmalade

Flatcaps £5.15

Grilled Mushrooms, drizzled with Olive Oil, Tomato Concasse then glazed with Cheese

Brie Wedges £5.30

Brie, coated with Breadcrumbs and deep fried. Served with a Cranberry Sauce

Chick 'n' Dip from £5.65

Seasoned strips of Battered Chicken with your choice of a Dip - Garlic Mayonnaise • B-B-Q

Sour Cream & Chives • Tomato & Garlic • Sweet Chilli

Extra Dips, each £0.60

The Cairn
. . . after sundown

The warm and friendly Cairn Lounge offers live entertainment on most evenings from 9.30 - ranging from local musicians to ceilidh music to ad-hoc jam sessions . . . join in if you wish!

Tuesdays are Quiz Nights with Brendan. Cash prizes for the winners and a free bowl of Chef's Stovies for everyone!

Don't miss our great value Hot Highland Buffet in the Restaurant every Thursday (6.00 to 9.30) followed by live accordion music in the Bar.



~ Cairngorm Salads and Salad Starters ~

~ Page 1 ~
Afternoon Starters

~ Page 2 ~
Cairngorm Salads

~ Page 3 ~
Afternoon Dishes
Cairngorm Sandwiches
Vegetarian Dishes

~ Page 4 ~
Traditional
Cairngorm Regulars

~ Page 5 ~
From the Grill
Side Orders

~ Page 6 ~
Gateaux, Puddings
& Sweets

~ Page 7 ~
Teas, Coffees
& Hot Drinks
Sunday Lunch

Dishes marked with



are Chef's own
Highland and Scottish
recipes based on
excellent locally
sourced produce,
prepared in the
traditional manner.

Cairngorm Hotel
Grampian Road
Aviemore
PH22 1PE
Scotland

www.cairngorm.com

Poached Salmon  Starter - **£5.95** ... Main Course - **£8.95**
Served on a bed of salad leaves with a Thousand Island Dressing

Hot Smokey Combo  Starter - **£5.95** ... Main Course - **£8.95**
Smoked Chicken, Smoked Ham and Smoked Sausage pieces
served with a Honey and Arran Mustard Sauce

Black Beauty  Starter - **£5.50** ... Main Course - **£7.75**
Black Pudding with Streaky Bacon and glazed Apple served with a Cumberland Sauce

Spice Up Your Life Starter - **£5.80** ... Main Course - **£8.25**
Turkey Strips tossed in Cajun Spices, pan fried in Olive Oil and served with a Spicy Tomato Dip

Salad Chick Starter - **£5.80** ... Main Course - **£8.25**
Delicious Chicken with Melon, Orange Segments, Strawberries and Grapes
with a tangy Lime flavoured Yoghurt

Roll Mop Herring  Starter - **£5.80** ... Main Course - **£8.25**
Marinated Herring set on a bed of Salad and served with Sour Cream

Aphrodite's Delight Starter - **£5.65** ... Main Course - **£7.95**
Chunks of Feta Cheese with Black Olives and a Basil Pesto Dressing

**Our Salads contain Salad Greens and Croutons
and can also be enjoyed with -**

Grampian Bread & Butter - £1.60

Chips - £2.10

Boiled Potatoes - £2.10

Garlic Bread - £2.10

Garlic Bread with Mozzarella - £2.60

Cairngorm Special Menus

We also offer -

"Strictly Seniors" Menu with a special choice of smaller portions

"Teen and Just Juniors" Menus

"Gluten Free" Menu



~ Afternoon Dishes ~

Cairngorm Sandwiches £3.50

Our delicious Sandwiches are so substantial they are often described as a meal in themselves. Freshly prepared in our kitchens with a choice of your favourite fillings, they come on Grampian Bread. If you would like a filling not shown in our standard selection, please be sure to ask.

- Egg Mayonnaise & Cress
 - Honey Roast Ham with Salad
 - Corned Beef, Pickle, Onion and Tomato
 - Coronation Chicken
 - Roast Beef & Horseradish
 - Chicken and Sweetcorn Mayonnaise
 - Cheese & Ploughman's Pickle
 - Smoked Pork Sausage and Coleslaw
 - Tuna Mayonnaise & Cucumber
 - Turkey & Cranberry
 - Banana and Honey
 - Salmon & Lemon Mayonnaise
- >>> or, for something really special <<<
- Scotch Oak-Smoked Salmon . . £6.25
 - Prawn Marie Rose & Cucumber . £5.25

Cairngorm Soup 'n' Sandwich £6.25

A piping hot bowl of home-made Soup with a round of your favourite Cairngorm Sandwich

Soup 'n' Prawn Marie Rose Sandwich . . £6.95 • Soup 'n' Smoked Salmon Sandwich . . £7.95

Cairn Prime Steak Sandwich £8.45

Grilled Prime Steak served with Onions in Toasted Grampian Bread.

Garnished with a Crisp Salad and Chips

Chicken & Bacon Sandwich £8.25

The perfect match - succulent Chicken and tasty Bacon - in Grampian Bread.

Served with a Crisp Salad and Chips

Jacket Potatoes £5.35

The perennial favourite with your choice of tasty fillings:- Chilli • Cheese • Coleslaw • Haggis

Baked Beans and Smoked Sausage • Chicken and Sweetcorn Mayonnaise • Coronation Chicken

Tuna Mayonnaise

Prawn Marie Rose . . £6.35

Additional Fillings, each £1.50

Cairn's Three-Egg Omelette with Chips and Peas £7.25

Choose from Cheese, Ham, Tomato or Mushroom.

Extra Fillings, each £1.25

~ Vegetarian Dishes ~

Mediterranean Pasta £9.25

Penne Pasta with Vegetables in a Tomato Sauce with fresh Basil. Served with Garlic Bread

Vegetable Lasagne £9.25

Served with Garlic Bread and Salad

Filo Parcels £9.50

Chef's own delicious Parcels filled with Spinach and Ricotta Cheese.

Presented on a bed of Egg Noodles, topped with a Tomato and Herb Sauce

Macaroni and Cheese £7.75

Served with Crusty Grampian Bread and Chips

Mushroom Stroganoff £9.25

Mushrooms, Onions, Peppers and Garlic in a Cream Sauce. Served with Rice and Garlic Bread

Scottish Country Vegetable Pie £9.25

Tender pieces of mixed Vegetables bound in a creamy Cheese Sauce, topped with golden Puff Pastry and served with Boiled Potatoes and Peas

~ Page 1 ~
Afternoon Starters

~ Page 2 ~
Cairngorm Salads

~ Page 3 ~
Afternoon Dishes
Cairngorm Sandwiches
Vegetarian Dishes

~ Page 4 ~
Traditional
Cairngorm Regulars

~ Page 5 ~
From the Grill
Side Orders

~ Page 6 ~
Gateaux, Puddings
& Sweets

~ Page 7 ~
Teas, Coffees
& Hot Drinks
Sunday Lunch

Dishes marked with



are Chef's own
Highland and Scottish
recipes based on
excellent locally
sourced produce,
prepared in the
traditional manner.

Cairngorm Hotel
Grampian Road
Aviemore
PH22 1PE
Scotland

www.cairngorm.com



~ Traditional ~ ~ Cairngorm Regulars ~

~ Page 1 ~
Afternoon Starters

~ Page 2 ~
Cairngorm Salads

~ Page 3 ~
Afternoon Dishes
Cairngorm Sandwiches
Vegetarian Dishes

~ Page 4 ~
Traditional
Cairngorm Regulars

~ Page 5 ~
From the Grill
Side Orders

~ Page 6 ~
Gateaux, Puddings
& Sweets

~ Page 7 ~
Teas, Coffees
& Hot Drinks
Sunday Lunch

Dishes marked with



are Chef's own
Highland and Scottish
recipes based on
excellent locally
sourced produce,
prepared in the
traditional manner.

Cairngorm Hotel
Grampian Road
Aviemore
PH22 1PE
Scotland

www.cairngorm.com

Battered Fillet of Haddock  **£10.25**

A large Haddock Fillet coated in Chef's delicious crispy Batter, deep-fried and served with Chips, Peas and a Wedge of Lemon

Mrs MacNab's Fish Cakes  **£9.95**

Scottish Smoked Haddock Fishcakes served with a Lemon & Chive Mayonnaise, Chips and a Seasonal Salad

Golden Crumbed Scampi  **£9.95**


A generous portion of succulent Scampi coated in Chef's delicious crispy Breadcrumbs, deep-fried and served with Chips, Peas and a Wedge of Lemon

Hand Reared Haggis  **£7.95**

Haggis and Clapshot served with Yorkshire Pudding and Chef's Gravy

Liver, Bacon and Onions  **£8.95**

Served with Mash and Gravy

Mince 'n' Tatties  **£7.95**

Traditional Mince served with Yorkshire Pudding, Boiled Potatoes, Skirlie and Peas

Boom-Bang-a-Bangers  **£8.95**

Mega Pork and Beef Sausages served with Mash and Onion Gravy, Peas and Champ

Bubblyjock Pie  **£9.30**

Turkey and Ham topped with Golden Puff Pastry and served with Peas, Boiled Potatoes and Champ

Breast of Chicken, Wrapped in Bacon  **£9.95**

With Skirlie, Kilted Soldier, Peas, Champ, Boiled Potatoes, Roast Potatoes and Bread Sauce

Aberdeen Steak, Mushroom and Local Ale Pie  **£9.45**

Topped with Puff Pastry and served with Boiled Potatoes, Peas and Champ

Highland Venison Casserole  **£10.15**

Venison cooked in a Rich Red Wine and Redcurrant Sauce. Served in a Yorkshire Pudding with a Herb Dumpling, Boiled Potatoes and Peas

Cairn Roast and Yorkie  **£10.50**

Our fresh Roast of the Day served in a Yorkshire Pudding with Peas, Champ, Roast Potatoes, Boiled Potatoes and don't forget the Gravy!



~ From the Grill ~

Sirloin Steak 8 oz - £16.95

Char Grilled prime Aberdeen Angus Steak cooked to your preference
with Onion Rings, Mushrooms, Grilled Tomato and Chips

Rib Eye Steak 10oz - £16.95

Tender as Fillet, flavoursome as a Rib, this Steak is Char Grilled to your preference
with Onion Rings, Mushrooms, Grilled Tomato and Chips

And to complement your Steak:

Pepper Sauce £2.00 • **Sauce Diane** £2.00

Two Fried Eggs £2.00

Pork Steaks £11.35

Two 5oz boneless Pork Steaks served with Onion Rings, Mushrooms, Grilled Tomato,
Chips and Apple Sauce

Gammon Steak £11.35

8oz Steak topped with a Fried Egg and served with Onion Rings, Mushrooms, Grilled Tomato and Chips

Cajun Chicken £11.35

Breast of Chicken coated with Cajun Spices. With Sour Cream & Chives, Chips, Tomato and Onion Rings

Our Infamous Beef Burger £10.25

This famous home-made Burger, containing a scary 8oz of prime Beef spiced up with Chillies,
Onions, Garlic and Peppers, is served in a Roll, with Coleslaw, Onion Rings and Chips on the side

Extra Toppings of Cheese, Chilli or Bacon £1.50

Where applicable, stated weight is the approximate uncooked weight

~ Page 1 ~
Afternoon Starters

~ Page 2 ~
Cairngorm Salads

~ Page 3 ~
Afternoon Dishes
Cairngorm Sandwiches
Vegetarian Dishes

~ Page 4 ~
Traditional
Cairngorm Regulars

~ Page 5 ~
From the Grill
Side Orders

~ Page 6 ~
Gateaux, Puddings
& Sweets

~ Page 7 ~
Teas, Coffees
& Hot Drinks
Sunday Lunch

Dishes marked with



are Chef's own
Highland and Scottish
recipes based on
excellent locally
sourced produce,
prepared in the
traditional manner.

Cairngorm Hotel
Grampian Road
Aviemore
PH22 1PE
Scotland

www.cairngorm.com

~ And Something Extra on the Side? ~

Onion Rings ... £2.10

Vegetable of the Day ... £2.10

Home Made Haggis and Black Pudding Croquettes ... £2.10

Garlic Bread ... £2.10

Garlic Bread with Mozzarella ... £2.60

Salad Bowl with your choice of Dressing £2.10

(Choose from: Tomato & Garlic, Blue Cheese, Vinaigrette or Caesar)

Bowl of Chips £2.10



~ Gateaux, Puddings & Sweets ~

~ Page 1 ~
Afternoon Starters

~ Page 2 ~
Cairngorm Salads

~ Page 3 ~
Afternoon Dishes
Cairngorm Sandwiches
Vegetarian Dishes

~ Page 4 ~
Traditional
Cairngorm Regulars

~ Page 5 ~
From the Grill
Side Orders

~ Page 6 ~
Gateaux, Puddings
& Sweets

~ Page 7 ~
Teas, Coffees
& Hot Drinks
Sunday Lunch

Dishes marked with



are Chef's own
Highland and Scottish
recipes based on
excellent locally
sourced produce,
prepared in the
traditional manner.

Cairngorm Hotel
Grampian Road
Aviemore
PH22 1PE
Scotland

www.cairngorm.com

Butterscotch Sundae £5.15

Butterscotch Ice Cream with delicious crumbled Shortbread and topped with Butterscotch Sauce

Cairn Sticky Toffee Pudding £5.15

Home-made Sticky Toffee Pudding with mouth-watering Butterscotch Sauce

Hot Apple Pie £5.15

Served with Cream, Ice Cream or Custard

Trio of Local "Italian" Ice Cream £4.75

Cairn's Cheese Platter £6.25

Orkney Cheddar, Brie and Stilton served with Oatcakes, Strips of Celery and Grapes

Strawberry Fantasy £5.15

A Choux Pastry Bun filled with fresh Strawberries, Cream and Strawberry Ice Cream

Chocolate Mousse Pot £5.15

Rich Chocolate Mousse topped with Whipped Cream

Cairngorm Cheesecake £5.15

Our own sumptuous Cheesecake, crowned with our special topping of the day.

Please ask for today's flavour

Profiteroles £5.15

Choux Pastry Rolls oozing with Cream served with Chocolate, Butterscotch or Fruit Sauce

Warm Chocolate Fudge Cake £5.15

Served with Cream or Ice Cream

Osprey Folly £5.15

Meringue Nest filled with Fruits of the Forest, Vanilla Ice Cream and crowned with Whipped Cream

Cairngorm White Lady £5.15

Scottish Pancakes with Chocolate and Butterscotch Ice Cream. Crowned with Warm White Chocolate Sauce

**Our Gaelic Coffees - freshly ground coffee with cream, made with
whisky or a liqueur of your choice - make a delicious way
to round off your meal. £5.45 per person**



~ Teas, Coffees & Hot Drinks ~

~ Page 1 ~
Afternoon Starters

~ Page 2 ~
Cairngorm Salads

~ Page 3 ~
Afternoon Dishes
Cairngorm Sandwiches
Vegetarian Dishes

~ Page 4 ~
Traditional
Cairngorm Regulars

~ Page 5 ~
From the Grill
Side Orders

~ Page 6 ~
Gateaux, Puddings
& Sweets

~ Page 7 ~
Teas, Coffees
& Hot Drinks
Sunday Lunch

Dishes marked with



are Chef's own
Highland and Scottish
recipes based on
excellent locally
sourced produce,
prepared in the
traditional manner.

Cairngorm Hotel
Grampian Road
Aviemore
PH22 1PE
Scotland

www.cairngorm.com

Cafetiere of Freshly Ground and Brewed Coffee

Small £2.50 • Medium £4.25 • Large £5.75

Decaffeinated Coffee available on request

Espresso £1.60 • Double Espresso £2.50

A short full flavoured Coffee served black in a small cup – about 1.2 fl oz

Macchiato £1.75

Elegance in a cup – a single Espresso topped with an equal quantity of frothed Milk

Cappuccino £2.65

A shot of Espresso and equal quantities of steamed and frothed Milk

Latte £2.65

The ideal morning tippie – a double shot of Espresso topped with steamed Milk served in a long glass

Mocha £2.95

A single Espresso with Chocolate Sauce, steamed and frothed Milk topped with Whipped Cream and Chocolate Shavings

Gaelic Coffee £5.45

Made with Whisky or a Liqueur of your choice

Pot of Tea - per person £1.75

Darjeeling or Earl Grey Tea or Fruit & Herbal Teas £1.75

Hot Chocolate with Cream & Flaked Dairy Chocolate £2.75

Sunday Lunch

Our traditional Sunday Lunch with a choice of starters, main courses and sweets is served in the Cairngorm Restaurant from 12.00 to 3pm and is accompanied by the soothing musical background of Alistair tinkling the ivories. A chance to relax amongst friends while you plan the week ahead.

2 Courses - Adult £10.95 • Child £7.95

3 Courses - Adult £13.95 • Child £10.45

Prices and Dishes in this Menu are correct at 1 June 2011 but are subject to availability and may be changed without notice. All prices include standard rate VAT.